Overview

'The Three Pillars of Regenerative Design' is a tailored lunch and learn designed for engineers, technologists, and consulting professionals. Participants are introduced to a practical way to rethink how we design in a way that nurtures genuine systems change alongside resilient organizational models. The session teaches teams to examine what they build, build relationships that mimic ecosystems, and design for an uncertain future.

Length	Delivery	Cost	Group Size	CE Hours
60 minutes	In person or online	free	5-30 participants	1

Practical Takeaways

Learning Outcomes:

- How regenerative design differs from sustainable design, through the three pillars framework.
- Why resilience and adaptive capacity matter more than ever for modern organizations.
- New ways of understanding the overlap between society, culture, and technology.
- Methods for managing the emotional burden related to socio-economic and environmental stressors.
- Nuanced understanding of the engineering code of ethics through the lens of regenerative design.

Participants will leave with:

- A shared language for the pressures reshaping engineering practice, and a clear place to start.
- A short set of regenerative design questions to apply to a current project.
- One simple tool for constructive conversations on polarizing topics.

Business Value

This session supports organizations in cultivating emotionally intelligent, ethically grounded, and future-oriented decision-making systems within their teams, which supports:

- **Stronger Proposals:** Articulate distinctive approach to sustainability that goes beyond efficiency targets while uncovering new revenue streams aligned with your team's value systems.
- **Healthier Teams:** Address burnout, improve team cohesion, and manage stress related to global issues openly. Supporting morale, communication, and retention.
- **Organizational Resilience:** Start the conversation about how your firm can adapt to the economic, geopolitical, and environmental uncertainties of our time.
- **Strategic Partnership:** Become an industry thought leader, aligning technical rigor with ethical clarity.
- **Code of Ethics Alignment:** Develop an appropriately nuanced understanding of EGBC's Code of Ethics.

After the session: *Teams that want to go deeper can continue with our* ***bespoke*** *three-part Regenerative Design Workshop Series built around your organization's work (can count toward 7.5 CE hours).*

Facilitator

Nick Couture, P.Eng., is a regenerative design consultant and facilitator based in Victoria, BC. For the last five years, he has been developing educational tools that make the often-overlooked wisdom of the ecological, social and psychological sciences useful to design teams. His aim is to modernize how design firms approach sustainable thinking. Past collaborators include the City of Victoria, the University of Victoria and NatuR&D.