Overview

Regenerative Thinking for Technical Professionals Is an innovative workshops series that has been carefully developed for engineers, consultants, contractors, designers, project managers, and social impact leaders seeking to revolutionize the way they approach systems change.

In short, the series teaches professionals how to integrate regenerative design principles into the fabric of their work including social / relational practices, transitional technologies, living systems design, adaptive corporate strategy, and intuitive thinking. Framed another way, this workshop series expands on the typical corporate interpretation of 'sustainable design' to include social, relational, and ecological elements.

Professional Value

This 3-part workshop teaches interdisciplinary thinking by weaving together frameworks from climate psychology, regenerative design / economics, environmental philosophy, and deep ecology in an innovative flow that will leave individual participants with:

- **Professional development hours** relevant to design, ethics, and mental well-being.
- **Tools for integrating intuitive insight** into strategic or technical decisions.
- **Techniques for managing burnout** and eco-anxiety in high-pressure workplaces.
- **Dialogue skills for bridging polarization** and fostering collaboration.
- **Personalized strategies for embedding regenerative thinking** into your role, team, or organization.

Organization Value

This session equips organizations to lead in their industry, moving beyond checkbox sustainability toward regenerative, adaptive, and decolonial practices.

- Attract forward thinking clientele by pushing the definition of corporate sustainability beyond what is mandated by governing bodies.
- Address climate anxiety and cultivate resilience by naming the blind spots often felt but rarely voiced in corporate culture.
- Attract values-aligned talent and clientele who are increasingly expecting consultancies to understand and adopt principles of Indigenous co-governance, just transition, and regenerative economics.
- Strengthen team cohesion and autonomy - Increase your team's capacity to navigate polarizing topics, collaborate on dilemmic problems, and find empowerment when facing complex global issues
- Reorient your organization toward long-term resilience rooted in local bioregional sustainability and systems interdependence.

Workshop Details

Note – The workshop details defined below will be refined and customized to meet the unique needs of Islander Engineering. For advanced teams, session 1 can be replaced with a deeper dive into transition technologies and adaptive (pluralistic) thinking.

The workshop series is designed to be delivered as an in-person 3-part workshop series or 1.5-day intensive that brings participants through a carefully structured arc:



Session 1 – The Blind Spots in the Sustainability Paradigm: *Why do well-meaning industries keep reinforcing extractive systems?*

- Challenge the 'green growth narrative' and understand common biases that keep most individuals locked to processes of incremental change as opposed to paradigm shifting thought.
- Develop shared language to discuss sustainability more honestly within your organization, bridging strategic and relational paradigms.
- Reframe sustainability from a metric-driven process into a regenerative practice grounded in care, connection, and metabolic entanglement with the Earth.
- Explore how emotional resilience supports ethical decision-making in your field.

Session 2 – Earth Listening as a Design Principle: *Attuning to nature as a method for going beyond the status quo*

- Explore ways of designing engineering solutions in dialogue with nature, rather than against it.
- Collaboratively work towards understanding what "listening to the earth" means.
- Leverage the practice of earth listening to inform business design decisions.
- Increase your capacity to be with challenging emotions related to environmental degradation.
- Engage in ways of thinking that evoke new thoughts and ideas about your life and work.

Session 3 – Applying Regenerative Thinking into Corporate Strategy: *Bridging theory into to the practicalities of business*

- Form your own definition of what regenerative thinking means with respect to your work.
- Find a practical use for your creativity, nature, and deep ecology within day-to-day business.
- Learn the fundamentals of transformative scenario planning.
- Create a **Regenerative Practice Map** to clarify your next steps.
- Share insights and commitments with the group for collective momentum.